



Newfoundland and Labrador Dental Association
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Good Morning,

Here are the most recent updates as of the morning of Wednesday, March 25th:

- The NLDA and the NLDB have met yesterday evening to discuss a Pandemic Plan. A plan has been drafted that outlines dental emergencies, waiting room protocols and more. We are all taking this very seriously and do not want anything to be missed. The Pandemic Plan will be released shortly.
- We are working on gathering as much information as we can regarding the shortage of supplies. Here are the items that were brought to our attention when we asked which supplies your dental clinic was short on:
 - Level #2 Masks
 - Level #3 Masks
 - N95 / N100
 - Cone and Ear loop Masks
 - Gowns
 - Full face shields
 - Bouffant Caps

If you are missing any of the above or other essential supplies, please let us know.

- During this time, we all continue to feel the stresses and concerns that come with the uncertainty surrounding COVID-19. It is more important than ever that you talk to your friends, colleagues, and families, to let them know how you are feeling and to check in on how they're doing.
If you're struggling to manage the concerns and anxiety at work you may find [this article](#) helpful. The MAP program offers online programs and counselling 24/7 and is confidential. To find out more information, [click here](#).

Our next update will be this afternoon, Wednesday March 25th. We will continue to keep you updated.

Kind Regards,

Amanda Squires on behalf of Dr. Paul Hurley, President of the NLDA

If you have any questions you can contact myself, the Manager of Communications and Members Relations with the NLDA, via email Amanda.nlda@nfld.net or phone: 709-685-4420.